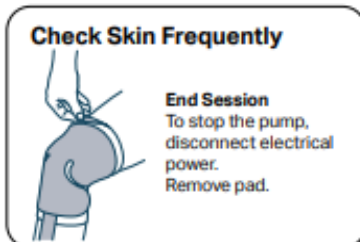
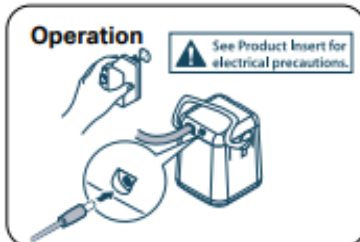
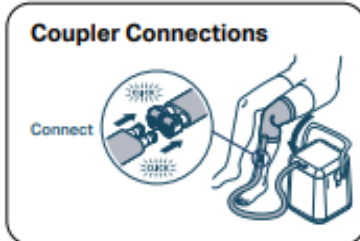
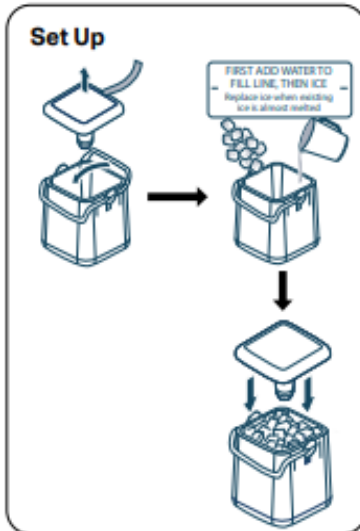




BREG POLAR CARE® CUBE

PATIENT APPLICATION

BEFORE USING THE DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO PROPER DEVICE FUNCTIONING.



INTENDED USE AND INDICATIONS

For post-operative procedures, arthroscopic procedures, reconstructive procedures, general surgery, post-trauma, chronic pain, and physical therapy. Physicians and patients benefit from reduced pain and swelling—follow-up visits focus on recovery, rather than pain management.

INFORMATION & DIRECTIONS

1. Fill the Cold therapy Unit with water up to the lower line 1, fill the Cold Therapy Unit with ice up to the upper line 2. (You can also use frozen water bottles.)
2. Apply the pad to the body part (the blue side should be facing away from the skin), use a barrier between pad and skin (such as a light towel or shirt), making sure pad is not in direct contact with the skin. Attach the Velcro to the pad and secure the pad to the body part. Pad should fit snug, not tight.
3. Connect the pad to the Cold Therapy Unit pump hose; you will hear an audible “click.”
4. To turn the Cold Therapy Unit on, plug in the AC adapter to the Cold Therapy Unit and plug the other end into the wall outlet.
5. To stop or turn off the Cold Therapy Unit, simply disconnect the electrical power from either the Cold Therapy Unit or the wall.
6. To disconnect the pad from the Cold Therapy Unit pump hose, depress the two metal tabs on the hose coupling and gently pull apart. A small amount of water may drip out. When performing this step, it is recommended to perform over a towel.

WARNINGS & PRECAUTIONS

If you experience any pain, swelling, sensation changes, or unusual reactions while using this product, consult your medical professional immediately.

1. Do not let any part of the pad touch the skin. Always use an insulation barrier like a thin cloth or sleeve.
2. Check for moisture on the barrier between your skin and the cold pad. Discontinue use if the barrier is moist. Change to a dry skin barrier before resuming use.
3. Inspect the skin regularly to check for changes in appearance.

PATIENT REMINDERS

1. Each ice treatment should be no longer than 20-30 minutes every hour when awake (as needed).
2. It is recommended to drain the pad between use. To do so, hold the pad upright and depress the black plunger and allow water to drain out of the pad.

TROUBLESHOOTING ISSUES: PLEASE CALL LOCAL REP OR DME STORE BELOW

- Illinois- Javi: 773-849-3805
- Indiana- Ben: 219-741-8232

Midwest Orthopaedics at Rush DME Store Contact Information

Please call or stop in if you have any problems with the ice machine or if you have any other questions

Chicago - 1611 W Harrison St. Suite 103, Chicago, IL - (312) 432-2482

Oak Park - 610 S Maple Ave. Suite 1550, Oak Park, IL - (312) 432-2550

Oak Brook - 2011 York Road, Oak Brook, IL - (708) 492-5664

Westchester - 2450 S Wolf Road Suite G, Westchester, IL - (708) 273-8426

Munster - 9200 Calumet Ave. Suite S300, Munster, IN - (708) 492-5450

Naperville - 55 Shuman Blvd Suite 178, Naperville, IL - (630) 339-2262

Joliet - 963 129th Infantry Dr. Suite 100, Joliet, IL - (708) 492-5920

Usage Tips

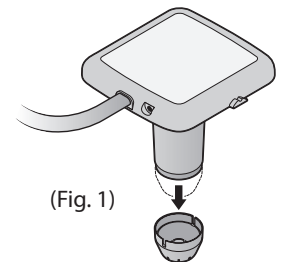
1. Use cubed or chunked ice for optimal performance.
2. It is recommended to drain the Cold Therapy Pad between uses. To drain the pad, hold the Cold Therapy Pad upright with the hose pointed toward the ground. Depress the black plunger and allow water to drain out of the pad.
3. You may disconnect the Cold Therapy Pad from the unit without removing the pad from the affected area by depressing the silver tabs on the hose coupling and gently pulling the hoses apart. The Breg Polar Care Cold Therapy Pad and unit will seal itself and will not leak. Note: Some dripping during release is normal.
4. DO NOT RUN PUMP WITHOUT WATER! The pump in this unit is designed to run with water. Running the unit without water will cause permanent damage to the pump.
5. Unplug unit before removing lid.

Troubleshooting Guide

Problem: Pump not running, water not flowing to pad, or pad not cold.

Possible solutions:

- Use larger ice for optimal performance.
- Allow 10 minutes for flow and pressure to stabilize.
- Ensure power outlet is working and plugs are fully engaged.
- Ensure unit has both ice and water.
- Ensure hose is not kinked.
- Disconnect and reconnect the pad and unit.
- Release air by depressing the black plus-shaped part inside the unit connector.
Note: water may be released.
- Place unit on a table or other raised surface.
- Decrease tension of bandages or straps around the pad.
- Remove pad and lay it flat. Allow pad to fill; reapply.
- Clean filter: Disconnect pad. Remove unit lid. Pull filter cap from bottom of lid. Remove foam filter. Rinse filter cap and filter to remove clogs. Reassemble (Fig. 1).



Problem: Condensation

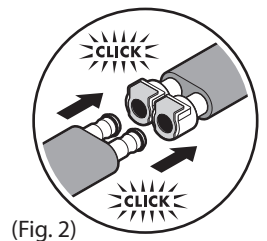
Possible solutions:

- Wrap material over pad and hose to minimize air exposure.
- Protect the wound site by using a sterile dressing with waterproof barrier.

Problem: Unit is leaking

Possible solutions:

- Disconnect unit connector. Ensure metal tabs are pressed down; reconnect (Fig. 2).
- Apply lubricant to o-rings of connectors.
- If leaking continues, or if a leak is detected in the pad or unit lid, stop using the unit and contact Breg Customer care at 1-800-321-0607 or +1-760-795-5440.



Cleaning

After use, empty and dry the unit with a soft cloth. Warm water and mild detergent may be used occasionally to clean the pump and tubes.



Scan QR code for Breg's
Cube instructional video.

Breg.com/PCC



Breg, Inc.

2885 Loker Ave E
Carlsbad, CA 92010 USA
Toll Free Tel: 1-800-321-0607
Local: +1-760-795-5440
Fax: +1-760-795-5295
www.Breg.com